

EAT SMART WITH

THE LUNCH BUNCH



**WEEK
BEGINNING**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 August 25 September 23 October 20 November 18 December 22 January	Chicken Nuggets Or Homemade Lasagne Steamed Broccoli & Garden Peas Chipped Potato, Mashed Potato Ice Cream, Chocolate Sauce & Sliced Pears	Spaghetti Bolognese Or BBQ Chicken Pizza Sweetcorn & Baked Beans Diced Potatoes, Pasta, Salad Fruit & Rice Pudding	Lunch Bunch Chicken Curry & Naan Bread Or Golden Crumbed Fish Fingers Garden Peas, Rice, Salad, Mashed Potato Rice Krispie Square & Fruit	Roast Turkey, Stuffing & Rich Gravy Or Salmon Fishcake Cauliflower & Baton Carrots Mashed Potato or Oven Roast Potato Fruit Muffin Slab	Steak Burger & Tomato Ketchup Or Chicken Crumble Sweetcorn & Salad Or Chipped Potato, Pasta Flakemeal Biscuit & Fruit
4 September 2 October 30 October 27 November 1 January 29 January	Golden Crumbed Fish Fingers Or Mighty Mac 'n' Cheese with Garlic Bread Slice Baked Beans & Broccoli & Coleslaw Mashed Potatoes Artic Roll with Peaches	Beef Meatballs with Italian Tomato & Basil Sauce Or Margherita Pizza Garden Peas & Salad Oven Baked Potato Wedges, Pasta Shortbread, Custard & Fruit	Lunch Bunch Chicken Curry & Naan Bread Or Bacon Slice Mini Corn on the Cob Steamed Rice, Chipped Potatoes Strawberry Jelly & Fruit	Roast Chicken, Stuffing & Rich Gravy Or Mexican Chilli with Nachos Baton Carrots & Tossed Salad Mashed Potato & Roast Potato Jam & Coconut Sponge & Custard	Tasty Pork Sausages with Tomato Ketchup or Gravy Or Chicken Panini & Coleslaw Sweetcorn & Spaghetti Hoops Chipped Pot & Mashed Pot, Salad Melon Wedge
11 September 9 October 6 November 4 December 8 January 5 February	Beef Bolognese with Garlic Bread Or Stuffed Bacon Roll/Bacon Slice Garden Peas & Cabbage Oven Baked Potato Wedges, Spaghetti Chocolate Cake & Custard	Golden Crumbed Fish Fingers Or Tex-Mex Enchilada Mini Corn on the Cob & Spaghetti Hoops or Coleslaw Chipped Potatoes, Pasta Jelly & Mandarin Oranges	Lunch Bunch Chicken Curry & Naan Bread Or Steak Burger & Gravy Garden Beans & Sweetcorn Mashed Potato, Rice Cornflake Biscuit & Custard	Roast of the Day, Stuffing & Rich Gravy Or Stuffed Chicken Cauliflower Cheese & Baton Carrots Mashed Potato Ice Cream with Water & Fruit	Oven Baked Chicken Nuggets Or Admiral's Ocean Pie Garden Peas & Baked Beans Chipped Potatoes & Baked Potato Homemade Ginger Biscuit & Fruit
18 September 16 October 13 November 11 December 15 January 12 February	Spaghetti Bolognese Or Cod Fishcake with Tomato Ketchup Baton Carrots & Baked Beans Mashed Potato, Salad Homemade Ginger Biscuit & Custard	Classic Margherita Pizza Or Italian Chicken & Tomato Pasta Bake & Garlic Bread Garden Peas & Coleslaw Chipped Potato, Mashed Potato Strawberry Jelly, Ice Cream & Fruit	Lunch Bunch Chicken Curry & Naan Bread Or Chicken Panini & Coleslaw Steamed Broccoli & Sweetcorn Oven Roasted Potato Wedges, Rice Banana Yoghurt Pot	Roast Chicken, Stuffing & Rich Gravy Or Beef Olive Baton Carrots & Savoy Cabbage Mashed Potato Chocolate Sponge & Custard	Hot Dog Or Chicken Wrap & Sweet Chilli Salsa Garden Peas & Spaghetti Hoops Chipped Potato, Mashed Potato Fresh Fruit & Yoghurt

**MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY**

**MENU MAY CHANGE DUE
TO DELIVERY CHANGES**

**IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL**