

Sept 2019



Welcome back to all children, staff, parents and Governors, as we embark on a new school year in St. Mary's. **A 'big welcome' to our new Year 1 children:** - Elena Grzywacz, Matej Kajan, Aoife Kelly, Conor Lyons, Ethan Maguire, Shea Marlow, Cormac Martin, Mary McAnenly, Tommy McDermott, Oran McGirr, Orla McGirr, Thomas McKeever, Caoimhe McKenna, Jack McKeown, Cain Murphy, Aimee O'Donnell, Daithi O'Neill, John Rafferty, Antoni Pejs, Harry Tierney and Oliver Tierney. We also welcome our new P5 pupil Martin Reinhardt who joins us from St. Mary's in Monaghan.

The following staffing arrangements will be in place for the Year 1 - 7 classes this year.

Class Teachers

- P1/2 Mrs Hagan,
P2/3 Miss Hurson
P3/4 Mrs McCaughey / Mrs McGarrity (Wed)
P4/5 Mr Donaghy
P6/7 Mrs Phair / Mr Cullen

Staff work closely together throughout the year ensuring continuity and progression across the Curriculum.

1. Contacting our School

- We ask that all parents download the app from our school website www.stmarysballygawley.com. We use this app now for all bulk communications.
- If you are unable to install this app on your phone and wish to receive texts, please forward your name and number, to our school phone 07827444215 as soon as possible.
- If you are a new parent or an existing parent and have changed your number, please forward your name and number to our school phone. Thank you
- Our Secretary will be in School from Wed-Fri each week.

2. Meeting Teachers

Parent teacher Interviews to discuss your child's progress will take place during Term 1 on Monday 18th November. Timetables will be sent out closer to the time. Pupils will be off school on that day. Any other meetings required during the year should be arranged for outside of normal class times i.e. either before 9.10am and after 3.15pm. Thank you.

3. Money Pouches

All money must be paid on time and **individually** for each child. **Families must separate money for each child.** Envelopes need to have details of the exact money enclosed. This should be **clearly marked** on the outside and given to the class teacher. Thank you for your cooperation in this regards.

4. Dinner Money

Dinner each day will cost £2.60 per child. Each child should bring in their own dinner money and this must be paid by Thursday of each week. Record clearly what the money is for on the outside of the envelopes. ***It would be extremely helpful if children could bring the exact change.*** Thank you for your cooperation.



Menus will be available on our school website and paper copies are available on the parent notice board in the front foyer of the school.



5. Milk Term 1

Milk Money for Term 1 will cost £14.50 per child. Orders must be placed by **Tuesday 3rd September** and paid for by **Thursday 5th September**. Please complete the form at the end of this note and return it to your child's class teacher. Thank you.

6. Healthy Eating

Our school has in place a Healthy Eating Policy which encourages children to eat either fruit, vegetables, bread snacks and milk or water at break time. We would encourage you as parents to continue as much as possible the promotion of good eating habits when preparing lunches for the children. Children are also permitted to **bring water**, which they can drink during class time. Research has shown that when dehydration occurs children find it difficult to concentrate and the drinking of water helps them to focus more in the afternoon.



7. Uniform Labels

Could you please ensure that all uniforms are clearly labelled with your child's name, so as to avoid confusion if items of clothing are misplaced. This also includes PE clothing and coats. Children planning to play football on the pitch must wear a different pair of trainers from those which they wear inside the school. Some uniforms have been left behind from last year and are available for collection over the next two weeks from the assembly hall.

8. Music tuition

Violin, viola, cello and brass tuition will begin this week.
Monday - Violin, Viola
Friday - Cello



9. Medication

All children who require inhalers or other forms of medication, which need to be on site, must make sure that an up to date supply is available in our medical cupboard. Please ensure your child's name is clearly labelled.

10. Health and Well being

At this time of the year head lice can be an issue. In line with our health and well being policy, we would ask that children with long hair have it tied back when coming to school. This improves hygiene as the children are involved in practical activities throughout the day. Parents are asked to check their child's hair regularly notifying the school immediately if an outbreak of head lice occurs. The school has currently been made aware of such an outbreak.



School Milk (to be returned to class teacher by Tuesday 3rd September).

£14.50 per child =  Term 1

I wish my child to take milk for the first term of school.

Child's Name _____ Year _____

Child's Name _____ Year _____

Child's Name _____ Year _____

Parent Signature _____

Break time Snacks

Pupils can avail of our break time snacks each term. They will be provided with a choice of fruit, toast, pancakes, scones or crusty bread. **Cost £21 Term 1.**

I wish for my child to take break time snacks in Term 1



Child's name _____ Year _____

Child's name _____ Year _____

Child's name _____ Year _____

Can all break time snacks and milk money be paid for by the end of September. Thank you.



Weekly Meal Planner

	02/09/2019	09/09/2019	16/09/2019	23/09/2019
Monday	Chilli Chicken Wrap	Pasta Bologanise	Home Made Pizza	Pizza
	Pasta Bologanise	Pizza	Lasagne	Cottage Pie
			Carrots	Peas & Sweetcorn
	Mash Potato	Peas & Sweetcorn	Mash Potato	Mash Potato
	Carrots	Mash Potato		
	Chocolate muffin cake	Chocolate Cracknel	Cornflake Crunch	Rice Krispie Square
	Cornflour	Strawberry Sauce	Custard	Custard
Tuesday	Steak Burger	Chicken Gouljons	Chicken Curry & Rice	Steak Burger
	chicken curry & rice		Fish Fingers	Chicken Curry & Rice
		Mixed Vegetables		Home Made Wedges
	Mash Potato	Mash Potato	Sweetcorn	Carrots
	Mixed Salad	Herb Diced Potato	Home Made Wedges	
	shortbread	Ice Cream	Jelly	Shortbread
	Custard	Chocolate Sauce	Custard	Custard
Wednesday	Chicken & Broccoli Bake	Steak Burger		
		Salmon	Peppered Chicken	Fish Fingers
	Fish Fingers	BAKED BEANS	Steak Burger	Pasta Bologanise
	Mash Potato	Mash Potato	Baked Beans	Mash Potato
	Peas & Sweetcorn	Peas & Sweetcorn	Mash Potato	Mixed Vegetables
			Mixed Vegetables	
	Jelly	Icecream & Jelly	Chocolate Brownie	Artis Roll
	Strawberry Sauce		Strawberry Sauce	Chocolate Sauce
Thursday	Roast gammon & stuffing	Roast Chicken & Stuffing		Roast gammon & stuffing
			Roast Chicken & Stuffing	
	Mixed Vegetables			
	Oven Dry Roast Potato	Carrots	Carrots	Sweetcorn
	Mash Potato	Cauliflower & Broccoli	Cabbage	Carrots
		Mash Potato	Mash Potato	Mash Potato
	Cornflake Crunch	Muffin	Cornflake Crunch	Lemon Cake
	Custard		Custard	Custard
Friday	Home Made Pizza	Chicken Crumble	Chicken & Broccoli Bake	tuna pasta bake
	oven baked sausages	Oven Baked Sausages	Oven Baked Sausages	chicken bites
	chips / mashed potato	Peas	Sweetcorn	
	Mixed Vegetables	Mixed Salad	Mixed Salad	Mixed Vegetables
		chips / mashed potato	chips / mashed potato	chips / potato
	icecream Tub	chocolate cookies	Icecream Tub	chocolate muffin